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## Heart-Guarding (How to 'keep your heart with all vigilance')

### "Heart-Guarding"

#### Proverbs 4:20-27

<sup>20</sup> My son, be attentive to my words; incline your ear to my sayings. <sup>21</sup> Let them not escape from your sight; keep them within your heart. <sup>22</sup> For they are life to those who find them, and healing to all their flesh. <sup>23</sup> Keep your heart with all vigilance, for from it flow the springs of life. <sup>24</sup> Put away from you crooked speech, and put devious talk far from you. <sup>25</sup> Let your eyes look directly forward, and your gaze be straight before you. <sup>26</sup> Ponder the path of your feet; then all your ways will be sure. <sup>27</sup> Do not swerve to the right or to the left; turn your foot away from evil.

*"Above all else, guard your heart, for it is the wellspring of life."* (vs. 23, NIV)

#### Verse 23... (a few other translations)

*"Above all else, guard your heart, for it affects everything you do."* (NLT)

*"Watch over your heart with all diligence, for from it flows the springs of life."* (NAS)

*"Above all else, guard your affections, for they influence everything else in your life."* (LB)

*"Keep thy heart with all diligence; for out of it are the issues of life."* (KJV)

#### So...what's the point?

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#### 1. Admit \_\_\_\_\_.

*"...pay attention..."* (v. 19, NIV)

*"...let anyone who thinks that he stands take heed lest he fall."* (1 Cor. 10:12)

#### 2. Submit \_\_\_\_\_.

*"...listen closely to my words....keep them within your heart..."* (vs. 20-21, NIV)

*"The grace of God has appeared....It teaches us to say 'No' to ungodliness and worldly passions, and to live self-controlled, upright and godly lives in this present age."* (Titus 2:11-12)

#### 3. Commit \_\_\_\_\_.

*"Watch over your heart with all diligence..."* (v. 23, NAS)

\* Watch (v. 24)

\*Watch (v. 25)

\*Watch (v. 26)

\*Watch (v. 27)