



Joyous New Year David Heckman

Anxiety and worry -

Jesus said in Matt. 6:34, "...do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own."

Joy -

John 15:11, "These things I have spoken to you, that my joy may be in you, and that your joy may be full."

Sustaining Joy

1. You \_\_\_\_\_\_ John 3:3, "...Truly, truly, I say to you, unless one is born again he cannot see the kingdom of God."

2. Know \_\_\_\_\_\_ Psalm 19:8, (NIV), *"The precepts of the LORD are right, giving joy to the heart."* 

3. Know \_\_\_\_\_\_ - A few examples His \_\_\_\_\_\_ – Psalm 119:68, "You are good and do good."

His \_\_\_\_\_\_ – Deut. 7:9, "Know therefore that the LORD your God is God, the faithful God who keeps his covenant and steadfast love with those who love him..."

His \_\_\_\_\_\_ - James 1:17 (NIV), "Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows."

Know his \_\_\_\_\_\_. Know his \_\_\_\_\_\_.

Know his \_\_\_\_\_\_.